

VINAYAKA MISSION'S RESEARCH FOUNDATION, SALEM**B.P.Ed. DEGREE EXAMINATION – November 2018****First Semester****HISTORY, PRINCIPLES FOUNDATION OF PHYSICAL
EDUCATION**

Time: Three hours

Maximum: 75 marks

PART – A (10 x 2 = 20 marks)Answer any **TEN** questions. All questions carry equal marks.

1. Define Physical Culture.
2. Define Physical Training.
3. Short note on reflex arc.
4. Write any two body types.
5. Define Learning.
6. Define Learning Curve.
7. Define theories of learning.
8. Short note on physical education in British period.
9. Expand YMCA.
10. How many times Asian Games were conducted in India.
11. Expand NSS.
12. Short note on Dronacharya award.

PART – B (5 x 5 = 25 marks)Answer any **FIVE** questions. All questions carry equal marks.

1. Explain the objectives of physical education.
2. Write about physiological and mental age.
3. Explain the types of learning.
4. Short notes on unsynchronised development.
5. Explain the physical education in ancient Greece.
6. Write short notes on commonwealth games.
7. Write about scouts and guides.
8. Write the functions of national federation.

PART – C (3 x 10 = 30 marks)Answer any **THREE** questions. All questions carry equal marks.

1. Explain the role of physical education in general education.
2. Narrate the biological foundation of physical education.
3. Explain the different laws of learning.
4. Explain the origin and development of ancient Olympic Games.
5. Describe various awards in sports in details.
